
YOUR CHEATSHEET TO RAISING KIND AND COMPASSIONATE KIDS

Guaranteed to banish any worries of *am I doing enough?*



Wouldn't it be nice to stop second-guessing your parenting skills?

We're not gonna lie. Raising kids is hard work.

You want to raise your child to be nice, but not a pushover. It's exhausting work, trying to raise little humans into kind, compassionate, happy, successful, and emotionally fulfilled adults.

Teaching your child to practice kindness and compassion is hard work. Don't make it harder than it has to be.

Raising good kids seems like a crapshoot. You watch everyone around you try their hardest but at the end of the day, it's hit or miss. One parent gets "lucky" and raises a great kid, while another struggles to parent a more difficult child.

If you came here today looking for the Recipe for Raising a Perfect Child, you'll be disappointed.

If you're ROTFL at the thought of a perfect child, then you've come to right price. While a tiny part of you may wish for a one-size-fits-all solution to raising kids today, you know the PC doesn't exist.

Not really.

Every child is unique, and no two will ever be the same. You know that. I know that. Your second grade teacher knew that. Why do you think she let the class clown get away with more than you ever could?

Every one is different. And that's a good thing.

An assembly line of like-minded humans, all devoted to achieving the same goals in life, is impossible, scary, and boring, all at once.

(Not to mention, reality tv would be out of business.)

But what if there's something those parents of "Great Kids" are doing that we're not? What if there's a secret to raising kind and compassionate kids?

“Be the person your child wants you to be, so your child can be the person you want them to be.”

Wouldn't you want to know?

I wanted to know. So I started looking and discovered 11 specific actions that help to raise kind and compassionate kids.

How do we consistently teach our kids that kindness and compassion are the best personality traits to develop?

The goal is to embrace your child's individuality while teaching kindness and compassion.

How do we show our children that individuality doesn't give us a free pass



**The Perfect Child?
Keep looking...you
won't find one.**

when it comes to being a good person? With so much of our world online these days (a trend bound to continue) connecting authentically with people is becoming more difficult – and more important – than ever.

Because you don't ever want your child to be *that* person. You don't want them to grow up to be the entitled adult who's too busy to hold the door open for an elderly person. You want your child to grow into a sensitive, strong adult, but you can never be sure you're doing enough to achieve that goal.

Well, enough with the guilt trip – it ends here. While there's no formula to make sure your child succeeds in every avenue of life, but you can make sure you never have to wonder did I do enough, or the right thing, when it comes to raising your child into a kind and compassionate adult.

11 Things You Need To Do To Raise Kind, Compassionate Kids.

1. **Type your kid [Personality typing](#)**, that is. It can be started as young as 3 years old, and personality traits emerge soon after birth. Personality typing will allow you to understand your child. To determine what motivates them.
2. **Set 'No' Boundaries** Kids need [boundaries](#). But within those boundaries, they need freedom. Set your 'No' lines, and within them, strive to say 'yes'. You'll teach your child to explore more, learn more, and be more.
3. **Violence Kills** Yeah, it does. Prolonged exposure to violent acts causes Compassion Fatigue. Every time you watch a funny-but-mean viral video, or watch pretty much any tv show, you're
4. **Don't Be Colorblind** Pretending you don't notice the color of someone's skin is exactly the opposite of what you [should be doing](#). Notice, talk, and encourage your child to ask questions.
5. **Remember Sharing Is a Life Long Lesson** How would you feel if someone came along while you were reading this, ripped your smart phone/computer/tablet out of your hands and said, "My turn!?" And the powers that be let them get away with it?!? It wouldn't feel so great. Protect your kids [right to share](#). Sharing is a skill learned by watching and modeling behavior. If you share, your child will too.
6. **Gift Giving is Key** Give more than you receive. Period. You'll save more, enjoy more, and do more.
7. **Burst Their Entitlement Bubble** No, we don't always get what we want. It's a fact of life. But burst their bubble when it comes to expectations. Have a child who always [wants more](#) more more? Volunteer at a local shelter for a day. Show your child a different side of life.
8. **Embrace Emotion** Don't ever force your child to repress emotion. They're learning how to handle everything life throws at them. That's tough, emotional work.
9. **Don't Gossip** Your child overhears everything. They know when you're gossiping. Don't be a mean girl, or you'll be sure to [raise one](#). Even if you think they're not listening...
10. **Encourage Your Child to Chatter** Talk about the world. Talk about color. Talk about emotion. Your child should be talking, not just you. Their answers and insights will surprise you.
11. **Learn When to Ignore Emotions** How they're acting doesn't mean that's how they're feeling. For instance, young children will often laugh or hit when [what they're really feeling](#) is scared. Look beyond the action. Take stock of the emotional environment, and respond accordingly.

Vogue. Be a model for your kids. "Do as I say and not as I do," doesn't cut it when it comes to teaching kindness and compassion. If you think you should stop to help, then you should. Model the life you want your kids to live.